

CORONADO UNIFIED SCHOOL DISTRICT  
**SILVER STRAND ELEMENTARY**

MENUS FOR  
**APRIL 6 - MAY 22, 2020**

Menus subject to change.  
 This institution is an equal opportunity provider.

FARM TO SCHOOL

We feel it's important for your student to make a connection with what's on their tray and where their food comes from. That is why we partner with *Food 4 Thought* to bring the freshest seasonal produce to your school's cafeteria. Through their 'Farm to School' program they are able to partner with small, family-owned California farms that share a commitment to student health and nutrition. Picked on Monday and "straight to the plate" on Thursday and Friday...enjoy the harvest!

**Apply online today for free & reduced-price meals at**

<https://secure.ezmealapp.com/>



Payments and meal balances online

Please have "Student ID Number" when signing up the first time.

For questions, call 619-522-8907 x2085

Monday	Tuesday	Wednesday	Thursday	Friday
100% Beef Cheeseburger	Papa John's Pepperoni Pizza	BBQ Pulled Pork Sandwich	<b>FARM FRESH DAYS</b>	
Bean & Cheese Burrito	Papa John's Cheese Pizza	Brunch 4 Lunch (French Toast Bites & Sausage)	Teriyaki Meatballs (with Mashed Potatoes & Roll)	Build-Your-Own Taco Salad
Ham & Cheese Bagel Melt	Chicken Caesar Salad with Roll	3-Cheese Cavatappi	100% Beef Hot Dog	Cheesy Pizza Square
			Yogurt & Crackers	Crispy Chicken Wrap

*Salad Bar*

**A selection of fruits & vegetables will be offered daily:**  
*Oranges, Bananas, Apples, Pears, Peaches, Dried Cranberries, Applesauce, Grapes, Mandarins, Tangelos, Kiwi, 100% juice, Corn, Asian Sesame Salad, Mixed Greens, Beans, Carrots, Jicama, Cucumbers, Broccoli, Cauliflower and Celery*

Three food groups must be taken, one must be at least a 1/2 cup serving of fruit and/or vegetable.

All lunch items are made with **51% or more WHOLE GRAIN**

Students may choose:  
 1% white milk or Nonfat flavored

**Ice Cream Social!!**  
**Friday, 4/24**  
**\$1.50 cash only** \*during lunch

**Special Menu Day**

**Celebrate Earth Day!!**

**Dirt Dessert**  
 with lunch meal  
**Wednesday, April 22<sup>nd</sup>**

**Kona Ice**  
**After School**  
**Friday, 4/9 & 5/15**

**Meal Prices**

Paid \$3.25  
 Reduced \$0.40  
 Milk/Juice \$0.50  
 Snacks \$.50-\$1.00  
 Non-Student \$4.50